



## VRQ LEVEL ONE COACH AWARD – APPLICATION FORM

### **LEVEL ONE HOCKEY COACH AWARD: Liverpool Course, 19<sup>th</sup> Sept, 3<sup>rd</sup> Oct, 10<sup>th</sup> Oct 2010**

This is a Vocationally Related Award, made in partnership with I<sup>st</sup>4sport Qualifications (Awarding Body), giving an externally accredited qualification that sits on the National Qualifications Framework.

It is the minimum qualification for those who assist with hockey coaching sessions and is intended to provide the essential skills and knowledge necessary to run a safe and enjoyable session for players to be introduced to the game and helped to improve.

A formal assessment is included within the course and the candidate will be informed, after assessment, if they have been assessed as competent against the performance criteria. Candidates will also complete theory tasks during the course and be required to sit a multiple choice theory paper.

The candidate can expect the tutor to introduce:

- Basic techniques
- Principles of play
- Use of small-sided games
- The rules of the game
- Underpinning theory knowledge
- Skills to create a safe, enjoyable and effective environment

Those licensed at VRQ Level One will be entitled to coach under the supervision of a more qualified and experienced coach (Level Two). They should only coach those skills that they are qualified to coach. **The Level One Award will be an Assistant Coach Award to comply with UK Coaching Certificate requirements.** More advanced skills require additional training to ensure safe and effective coaching.

It is appropriate for VRQ Level One coaches to be working with juniors, school teams and lower level club teams.

#### **CANDIDATES:**

The course is suitable for those with some experience of playing hockey, and perhaps of helping in a coaching or teaching environment.

The minimum age for accreditation is 16 years although it is recommended that candidates who are under 18 years of age attend a Leadership Course first. Applications from candidates under the age of 18 must be accompanied by a letter of support from their teacher or an accredited hockey coach. (This letter must include details of coaching experience, attitude and commitment, as they will be required to participate in reciprocal coaching during the course). For the purposes of Child Protection, candidates under the age of 18 shall only be able to coach in the role of Assistant Coach alongside a fully qualified Level Two Coach.

#### **DATES:**

Sunday 19 <sup>th</sup> September 2010	10.00am – 4.00pm
Sunday 3 <sup>rd</sup> October 2010	10.00am – 4.00pm
Sunday 10 <sup>th</sup> October 2010	10.00am – 4.00pm

Candidates **must** attend all modules.

#### **VENUE:**

The University of Liverpool, Wyncote Sports Ground, Mather Avenue, Liverpool. L18 6HF.



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### **COST:**

£140.00

This includes the England Hockey Course Registration Fee, Course resources and voucher to download coaching material (one year subscription) from the web. If you have an email contact address please ensure that this is quoted on your application form.

### **APPLICATIONS:**

The closing date for applications is **Friday 6th August 2010**. However, as the maximum number of candidates who can attend this Course is 24 you are advised to submit your application **as early as possible**.

Receipt of applications will be acknowledged by email. If you do not have an email address or require a receipt please enclose a stamped addressed envelope.

The Course programme and joining instructions will be forwarded two weeks prior to the Course start date.

### **STAFF:**

The Head Coach Educator will be Graham Chesterman.



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**COURSE VENUE:** The University of Liverpool, Wyncote Sports Ground, Mather Avenue, Liverpool. L18 HF.

**Title (Mr/Mrs/Miss/Ms etc):** \_\_\_\_\_ **Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Post Code:** \_\_\_\_\_

**Tel (home):** \_\_\_\_\_

**Tel (work/mobile):** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ *Please note that candidates under 18 years of age must include a letter of support from an accredited coach.*

**Name of School/College/Club:** \_\_\_\_\_

**Playing/Coaching Experience:** \_\_\_\_\_

**Do you have any special needs?** \_\_\_\_\_

**or a disability?** \_\_\_\_\_

I acknowledge that the course fee cannot be refunded if I withdraw within seven days of the course.

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*(For candidates U18): I confirm that my child may participate in the Coach Award Course and that the appropriate Parental Consent Form will be completed on the first day of the Course.*

**Signed:** \_\_\_\_\_ **Parent/Guardian**

Payment **must** accompany this application form. Please make cheque for £140 payable to 'Lancashire Hockey Supervisory Body' and return to:

Kelvin Briggs- Development Officer  
England Hockey Board  
C/O Cheshire & Warrington Sports Partnership Trust Ltd.  
Moss Farm Recreation Centre, Moss Farm, Northwich, Cheshire.CW8 4BG.

Tel: 07718 980519 E: kelvin.briggs@englandhockey.org

**CLOSING DATE: Friday 6<sup>th</sup> August 2010**